



Membership Meeting
Thursday August 3, 2023 at
6:30 - 8:00 pm

at
Los Griegos Health & Social Services
Center

1231 Candelaria NW

Please join us for the
2023 Summer Meeting!

Agenda

- Welcome
- Special Guest
- Secretary - Minutes from our last meeting
- Treasurer's Report
- Community Events Update
- Other Items

Volunteers to set up the meeting room at 6 pm
would be appreciated. See you there!

NOTE: This health center will require masks.

Annual Meeting – we had a wonderful turnout at our last meeting in **March**. A lot of us were wondering about all the construction that was being done and I hope that **Kevin Folk**, the regional manager for **Vexus Fiber Cable**, answered your questions. We plan on having our second annual meeting this **August**. Please check out the article regarding date and time. In addition, the city is requiring neighborhood associations to update their by-laws. We are planning to provide copies at the meeting.

July 4th Event - Your association board is gearing up to once again to provide our residents with our **July 4th parade and picnic** in the park. We had a great turnout last year and hope for a better one this year. It's a lot of work but it's a wonderful opportunity for all of us to meet each other in a fun way. See our article for further information.

Speeding – There are still some residents (and maybe some visitors) that are driving faster than our **25 mile per hour limit**. We are having more families with children moving into our neighborhood and keeping them safe is a top priority. I've timed it and it takes no more than a minute or two to reach our entrances from anywhere in our area. Please keep the speed limit down. Thanks.

Henryk Sloma

PRESIDENT'S LETTER

Spring is here! I'm sure many of you welcome the warmer temperatures. Although it won't be too long before summer sets in and some of us look wistfully on those cloudy days. The neighborhood continues to be well maintained. Which is one of the reasons it's a sought-after area. Another reason is due to the great neighbors we have living here. It's great to see them walking around with a smile and a greeting.



Annual July 4th Parade and Picnic

*Parade begins at 10am
at the west entrance.*

*Join the walk, ride your bike, bring your pets,
even join the band to make some music!*

*Local firefighters/fire truck will lead the way
down Avenida Curvatura / Mateo Prado
around the neighborhood to the park.*

*Fun jumps, water games,
a face painter, and balloon animals!*

*World famous breakfast burritos,
hot dogs and summer treats for all!*

It will be a star-bangled celebration!

MMNA Board of Directors

President

Henryk Sloma
(505) 303-2192

Vice President

Mary Spensley
(505) 610-0806

Secretary

Sylvia Taborelli
(505) 344-6891

Treasurer

Steve Smith
(505) 345-9016

Member at Large

Tom O'Keefe

Member at Large

Open Position



Free Yoga in the Park



Every Saturday at 8:30 AM. All ages and levels of experience are welcomed
We start with Breathing, Stretching, Twisting and then we Flow!
Free to Matthew Meadow Residents, just bring your own mat and towel.

DATES BELOW

JUNE 3

JUNE 10

JUNE 17

JUNE 24

JUNE 1



NEIGHBOR-OWNED BUSINESSES

Monroe's New Mexican Food - 6051 Osuna Rd NE and 1025 4th NW – <https://monroeschile.com>

Rude Boy Cookies - 1916 Central SE and 2500 12th St, NW <https://rudeboycookies.square.site>

Albuquerque Trolley Co. – 800 Rio Grande Blvd NW (Old Town) <https://www.tourabq.com/abqtrolley>

Richard Luke Entertainment – Emcee & DJ Services DJRobertLuke@gmail.com www.yourDJrobertluke.com

If you would like your business listed in the next newsletter email: smsmith5391@yahoo.com



Upcoming Events in Albuquerque

Festival Flamenco Albuquerque June 9 – Jun 17 Various Locations

Downtown Growers' Market Weekly on Saturday until Nov. 4 Robinson Park

Expo New Mexico Flea Market Weekly on Saturday's & Sundays

Tea at La Quinta Los Poblanos Historic Inn Weekly on Sunday & Wednesday

Outdoor Music Series Los Poblanos Historic Inn Weekly on Thursday, from 6 to 8pM

Game Night Weekly on Wednesdays **Pureland Kava & Tea Bar**

Rail Yards Market Weekly on Sunday until Oct 29

Check out other upcoming events at visitalbuquerque.org.



FLOWER FITNESS

- Many flowers will bloom longer or bloom again after a short rest if the spent flower stems are removed once the blossoms fade.
- Wildflowers such as Penstemon may be longer lived if the spent flower stems are removed before the plants put energy into producing seeds.
- Unwanted self-sowing can also be prevented by cutting back plants after they bloom but before they form seeds.
- Flowers in habitat gardens may be allowed to set seeds to provide food for wildlife and cut back after the banquet is over.
- An extra deep watering or two may keep plants in bloom longer, especially if the weather has been hot and windy with little rain.



SUMMER BLOOMING LAVENDER

The genus **Lavandula** is a favorite group of ornamental herbs native to the Mediterranean. They thrive in hot sunny weather and grow in the West in a wide range of soils, as long as they are well drained heavy, poorly drained clay soils can be fatal to lavenders.

In spring, before signs of new growth, cut back the old stems by one-third to re-invigorate the plant and encourage a good show of summer flowers. **Lavender** plants require two to three growing seasons to reach mature size.

The two major groups of Lavenders include the **English lavender** and other species, **Lavandula latifolia**. **English lavenders** tend to have the deepest flower color, while other **Lavandins** are taller with larger flowers and longer flower stems.

English lavenders are preferred as a source of **dried flowers** while the **Lavandins** are typically used for **oils, potpourris** and **lavender wands**.

2023 MMNA Dues

We want to thank all dues-paying residents for their contributions. Your dues go towards our **community events, entrance maintenance, and neighborhood security**. If you would like to continue to contribute to the association for **2023**, you can do so (see **membership form** below). The suggested amount is **\$20** but any amount is appreciated.

Many Thanks!

Steve Smith, MMNA Treasury
 email: smsmith5391@yahoo.com

Tom & Janet Baca *
 Neil Bell
 Machiko Bomberger
 Tamarah & Steven Brown
 Billy & Paula Burgett
 Debbie & Bill Burrell *
 Evelyn G Byatt-Ballantine
 Lisa & Dean Caviggia
 Laura Chapin *
 Jennifer N Coffin &
 Robert L McCrary *
 Marjorie Cypress & Philip Jameson *
 Terry Davis & Steve Smith *
 Kathleen H Diaz *
 Judy Diehl-Faxon *
 Deborah Doak *
 Jan Fike *

Charles & Pod Kathi Fleming
 Charles & Clara Garcia *
 Archie & Sandy Garcia *
 Helen Gonzales & Lee Peifer
 Tom & Theresa Gorman *
 Dave & Chere Hartman *
 Shawn & Janice Hinds *
 J. Edward & Deborah Hollington *
 Ken & Yuko Kojima
 Wendall & Amy Lane *
 Carla & Henry Lovato *
 Helen & Christopher Maestas *
 Gary & Thoula Mallory *
 Floyd & Lorraine Manzanares *
 Steve & Gail Marcum *
 Patricia O'Connor & Jeff
 McConaughy *

Lori & Mark Muller *
 William Oaks *
 David & Barbara Okerberg *
 Robert & Sara Perovich
 Greg & Desbah Pilette *
 David Pollock & Cassandra Malone *
 John Ramos *
 Leah Ringer *
 Peter & Patricia Robinson *
 John & Lynn Scott *
 Christine Small *
 Deborah Smith *
 Lorrie Stepetic
 Rex & Marilyn Stone *
 Sue & Dennis Umshler *

Elizabeth and Gabe Valdez *
 Gilbert & Regina Velarde
 Zane Reeves & Molly O'Rourke Wall *
 Cynthia & William Woods *
 Debbie Zephyr *

Apologies to members listed below who donated in 2022 but were not mentioned in the last newsletter:

Peter & Patricia Robinson *
 Katherine Diaz *
 Theresa & Thomas Gorman *
 David Lang *
 Gary & Thoula Mallory *
 Shawn & Janice Hinds *

*** For donations over \$20**



Matthew Meadow Neighborhood Association Membership Form

(Mail To: **MMNA, P.O. Box 70294 Albuquerque NM 87197** or by **Paypal** via website: www.mmna.us)

Name: _____

Address: _____

Phone: _____

Email: _____

Suggested dues amount per year: **\$20.00**

I would like to help with the following:

- Board of Directors
- Newsletter

- Safety Task Force
- Delivery of Newsletters

- Fun Social Activities
- Winter Holiday Festivities